



Llanfair surgery “NO APPOINTMENT NECESSARY” ANNUAL VACCINATION SESSIONS 2022-23

**YOUR DOCTOR
RECOMMENDS FLU
VACCINATION
and AUTUMN COVID
BOOSTER**

Both vaccines are free for our registered patients

FLU VACCINATION SESSIONS at LLANDOVERY RUGBY CLUB

Wednesday 5 October 2022,	9am - 12 30pm & 2pm – 6 30pm
Wednesday 19 October 2022,	9am - 12 30pm & 2pm – 6 30pm
Wednesday 26 October 2022,	9am - 12 30pm & 2pm – 6 30pm
Wednesday 9 November 2022,	9am - 12 30pm & 2pm – 6 30pm

Flu Vaccine and Autumn Booster Update

COVID vaccines are being made available to the practice in the latter part of September 2022. We are being asked to prioritise care homes residents, housebound patients and frontline health care staff first. We will start working down the age groups at the start of October 2022. Our Flu vaccines are being delivered towards the end of September 2022.

We plan to deliver clinics at Llandovery Rugby Club to offer patients BOTH vaccines at the same time. There may be some week day clinics but this will be dependent on workforce availability (as we still have to deliver core surgery services!).

Who is being offered a Flu Vaccine and Autumn COVID Booster?

Those eligible for Flu vaccines this year (2022-23) are;

- Patients aged 50 and over
- Housebound Patients
- Residents and staff working in a care home setting
- aged 6 months to 49 years old who have a disease which affects their lungs, heart, liver or kidneys or who have diabetes or a neurological illness or weakened immune systems
- Pregnant ladies
- Carers aged 16 to 49
- All children in primary school will be offered the vaccine by the school nursing service and younger children will be invited to the surgery
- Healthcare workers

The Flu vaccine does not contain live bugs and so can't cause flu. The vaccination will take up to 14 days to give you protection though will not protect you if you have been exposed to the virus before you had the jab.

COVID-19 is more serious in older people and in people with certain underlying health conditions. This winter it is expected that many respiratory infections, including COVID-19 and flu may be circulating at high levels – this may put increasing pressure on hospitals and other health care services.

For these reasons, patients in the aforementioned groups are being offered an autumn booster of COVID-19 vaccine. However, you are advised by the Welsh Government that all patients eligible for a covid booster must have more than 13 weeks since their last vaccine and have completed the vaccination course.

The autumn booster is being offered to those at high risk of the complications of COVID-19 infection, who may have not been boosted for a few months. As the number of COVID-19 infections increases over the winter, this booster should help to reduce your risk of being admitted to hospital with COVID-19.

PLEASE DO NOT CONTACT THE SURGERY; WE WILL KEEP YOU INFORMED OF ANY CHANGES.

We look forward to seeing you in one of our clinics. Diolch yn Fawr – Thank you.

Llanfair Surgery Team

